

Strip Block Instructions

Materials Needed:

- Several blocks of white muslin or cotton, cut between 6" – 12" square
- Variety of strips of colored fabric of varying thicknesses
- Rotary cutter, ruler, cutting mat
- Iron and ironing board



Instructions for Diagonal Strip Blocks:

1. Choose two strips that are longer than the diagonal length of the white block.
2. Place one strip along the diagonal, right side up.
3. Place a second strip on top of the first strip, right sides together, aligning the long edge on one side.
4. Stitch a $\frac{1}{4}$ " seam along the aligned edge.
5. Press open the strip on top.
6. Choose another strip and lay it on top of the stripped that was pressed open, making sure that it is long enough to cover the white block.
7. Repeat steps 4 – 6 until all the white is covered.
8. Turn the block over so the white block is on top. Trim the edges along the white block, trimming the excess colored strips.
9. Make enough blocks depending on the size of finished quilt top you choose.
10. Lay out the blocks and arrange them in a pleasing pattern. Sew the blocks together in rows, then sew each row together to complete the quilt top.
11. Add backing and batting to complete the quilt.

Instructions for Straight Strip Blocks:

1. Choose two strips and lay them along one edge of the white block, right sides together. Stitch a $\frac{1}{4}$ " seam. Press the top strip open.
2. Continue until the block is covered. Trim.

Make a Pillow:

1. Make a block with either diagonal or straight strips.
2. Add borders to make the block size to match the pillow size.
3. Make a second block for the back of the pillow or cut a piece of fabric that is the same size of the front block.
4. Lay the front and back blocks, right side together, and pin.

5. Sew along 3 sides. Sew a few inches on either side of the fourth side.
6. Turn inside out. Poke out the corners. Stuff or use a pillow form.
7. Stitch the opening closed. Enjoy!

