Superhero Cape Pattern

https://threadridinghood.com/free-cape-tutorial/

Materials:

- 1 yard (*child sizes*) OR 1 1/2 yards (*adult size*) fabric for the cape outer
- 1 yard (*child sizes*) OR 1 1/2 yards (*adult size*) fabric for the cape lining
- optional: felt for the hero applique
- optional: fusible web (*or a glue stick!*) to attach the applique
- matching thread
- hook and loop tape (*1" piece each*)
- sewing gear – scissors/sewing machine/pins/ruler/iron etc.

Before you begin:

- **Print the pattern piece pdf** from the website listed above, on letter size (8.5" x 11") or A4 paper. *Important:* Do not select "fit to page" when printing, make sure you print at the original size. Once you have printed the pages, measure the 1" test square to ensure the pattern is correct.
    - **Want to save paper?**
        - Size 3m-3 – Print only pages 1-7
        - Size 4-8 – Print only pages 1-7
        - Size 9-12 – Print only pages 1-9
        - Adult size – Print all 11 pages
- Cut on each page's outer gray lines and tape them together, matching the letters in the gray half-circles.
- Cut the pattern pieces out (*with paper scissors!*) along the line that corresponds to the size you would like to make.

Cut your fabric:

- Pre-wash your fabric before cutting to ensure it will not shrink in later washes.
- If you need a longer cape – here is a tutorial on how to lengthen the pattern pieces.
- **Cut one cape shape per fabric color using the pattern piece.** * Be sure to place the pattern piece on the fabric fold before you cut it out!

Let's Sew:

I recommend that you read through all instructions before sewing, so you don't miss something important!

Step 1: Optional: Cut out the applique that will be on the back of the cape. Be creative! I used stars, hearts and letters to make each cape unique. Each logo was sized between 6"-9" tall, depending on the size of the cape.
Center the applique on the outer cape fabric piece approximately 3"-7" down from the neck opening.

- **Fusible web:** Iron on the applique following the instructions on your fusible web. Use a press cloth if necessary so you do not melt the felt.
- **Glue Stick:** Attach the applique in place using the school glue stick, press with an iron on low heat from the back of the cape to set the glue if necessary.

Step 2: Lay the two cape pieces right sides together matching all of the edges. Pin. Mark a 6" opening on the cape's bottom edge by putting 2 pins in the same spot on each side. Leave this opening when you sew, it is where you will turn the cape right side out.
Stitch around the cape with a 1/4" seam allowance, starting at one double-pin. Pivot around the corner on the neck opening. Finish at the other double-pin with a back-stitch.

Step 3: Clip the corners and trim around the curved edges of your neck opening to allow the cape to turn more easily. I use my pinking shears to trim tight curves.

Step 4: Press the seam allowance up on the bottom opening before turning the cape right side out. This creates an easy finished edge once the cape is turned.

Step 5: Turn the cape right side out and top-stitch. Push out your corners and edges neatly, press the cape flat and top-stitch 1/8" or so away from the edge all the way around the edge of the cape. You can pin the opening shut before stitching or just wing it, the top-stitching will close the opening.

Step 6: Cut a 1" piece each of hook and loop tape.
Use a zig-zag or straight stitch to sew the hook side of the tape onto the outer piece and the loop side of the tape onto the lining. This way the rough hooks are facing away from the neck when the cape is worn. Note: I like to cut off the corners of the tape when sewing for kids so they don't get "stuck" with the pointy edges by accident. *(* Don't accidentally sew both hook and loop to the outer side of the cape, it won't be able to close properly. Not sure why, but I have managed to do this more times than I would like to admit!)*